

CELEBRATING CENTENARIANS

Kit Abrahamson, 101



Photo: Mike Dean/Gloucester Daily Times

A film crew from ABC followed Kit, pictured above—center of photo, as she prepared for a dance recital with the “Seniorettes.”



Kit Abrahamson, who has been dancing for many years, danced until midnight at her 100th birthday party last year.

Katherine, “Kit,” Abrahamson turned 101 on March 5, 2008. The lifelong Gloucester, Mass., resident celebrated with a party at Miss Tina’s Dance Studio following a practice session of the Cape Ann Seniorettes for an upcoming annual recital. Kit took up dancing when she turned 80, at a time when most people are thinking of slowing down. Her favorite dance is tap, but the group specializes in line dancing. She believes the twice-weekly dance lessons over two decades have kept her agile and healthy – and certainly happier.

Read more about Kit: www.adlercentenarians.org.

April 2008

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13	14	15	16	17	18	19
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